

# Keynote Speaker

Grace Marshall is an award-winning author, speaker and productivity expert who specialises in transforming how organisations approach work, change, and challenge.



## FEATURED IN

theguardian | HUFFPOST | Forbes | MMedium | CNN | BBC | GLAMOUR | Inc. | PSYCHOLOGIES | THE SUNDAY TIMES

With over a decade of experience training more than 10,000 professionals across various industries, Grace has become a trusted advisor for leaders seeking to build resilient, future-ready teams capable of sustained high performance. Her clients include Boots, BT, Sky Media, Sage, NHS, NSPCC and Teenage Cancer Trust.

As the author of the Business Book Awards finalist "Struggle: The Surprising Truth, Beauty and Opportunity Hidden in Life's Sh\*ttier Moments," Grace brings a unique perspective to leadership, productivity, and resilience, addressing the hidden "High Functioning Fear" that hinders high performance during times of change.

Grace's keynotes are designed to create lasting impact. By focusing on both the emotional and practical aspects of work, her sessions provide leaders and teams with the framework to transform their outlook on change, moving from survival mode to growth mode, enabling better decision making, team dynamics, innovation and overall organisational agility.

Her clients report significant improvements in team dynamics, decision-making processes, and overall organisational agility.

Known for her refreshingly human and engaging style, Grace doesn't just deliver speeches – she curates conversations that challenge conventional thinking and inspire action.



**"Grace provoked everyone's thinking and generated great conversation"**

*Melissa Romo, VP Global Customer Marketing, Sage*



**"Grace is refreshing and empowering. Her keynote transcends seniority levels and industries"**

*Pauline Salomons, Head of HR, Gallagher*

Leaders consistently report that her sessions leave them and their teams feeling energised, with renewed hope and tangible strategies to implement immediate, effective change.

Grace's work has earned her multiple accolades, including Virtual Speaker of the Year and CMI Management Book of the Year: Best Commuter's Read. Her practical insights on leadership, high-performance work cultures, and wellbeing in changing times have been featured in The Guardian, Forbes, Huffpost, CNN, London Economic Forum and on BBC Radio.

**Partner with Grace to empower your people with the mindset and skills to excel in today's fast-paced, ever-changing business landscape.**

## TRUSTED BY

Sage | BT | WESLEYAN | CLYDE&CO | NHS | sky | media | Gallagher | Boots | EVERSHEDES SUTHERLAND | NSPCC | Waitrose | ATOMICCON | Pearson | CCAS

# How We Do Our Best Work in *Changing* Times



**In today's fast-paced ever-changing world, leaders and teams face constant pressure to adapt, innovate, and excel. But what if our usual approaches to productivity and performance are holding us back?**

Drawing from over a decade of experience advising leaders and teams across industries, award-winning author and speaker Grace Marshall offers a fresh perspective on how we can truly do our best work in these changing times. She introduces the concept of "High Functioning Fear" a hidden barrier to performance that often masquerades as productivity.

Grace explores how this subtle form of fear can drive our decisions and actions, sometimes leading us to busy ourselves and not realise we aren't making meaningful progress. She challenges the notion that success is solely about doing more or working faster, and instead focuses on how we respond in times of change and prioritise for impact.

Known for her refreshingly human, relatable approach, Grace offers a blend of surprising insights and actionable advice to help you and your people shift from survival mode to growth mode.

This talk isn't about adding more to your plate - it's about transforming how you and your team approach work, enabling you to lead with curiosity, courage, and compassion in an ever-changing business landscape.

You'll come away with a new understanding of what drives performance in your organisation and a plan to transform how your people approach change and growth.

#### You'll leave equipped with strategies to:

- Embrace change as an opportunity rather than a threat
- Encourage everyday innovation, even in challenging times
- Move beyond constant busyness to focus on impactful work in times of uncertainty
- Cultivate resilience and adaptability in your organisation

#### Book *Grace* to speak on:

##### Productive Change

How We Do Our Best Work in Changing Times - From Perpetual Busyness to Impactful Results

##### Change Thinking

The Mindset We Need to Innovate, Lead and Excel in Uncertainty

##### Leading Through Change

Create the Environment Where Your People Thrive Rather Than Survive Through Change

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**“My whole team loved it. Grace was great. Been thinking about nothing else for the last 48 hours”**

*Andrea Newman, Global Head of Brand, HSBC*

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**“Grace is a breath of fresh air. She offers tangible and practical ways to make effective change”**

*Kim England, VP Global Employee Communications, Pearson*